Tasmania Devils

'Sport Science & Athletic Performance' Internship Program

Internship Outline:	The Tasmania Devils, in conjunction with the University of Tasmania, are seeking applicants to enroll in the upcoming 2020 'Sport Science and Athletic Performance Internship' program, which has been developed to optimise intern/staff development at Male and Female Nab League level in order to better prepare individuals as they progress in their chosen fields. The modules incorporate a mixture of theoretical and practical elements, based around key componenents of the Tasmania Devils Sport Science Development Pathway, blending key information and resources, with personal and professional development.
Locations for Interns:	**Opportunities are available at the following regional Hubs;** **Hub 1:** 8 hours p/w - Northwest Devils Program **Hub 2:** 8 hours p/w - Northern Devils Program **Hub 3:** 8 hours p/w - Southern Devils Program
Internship Overview:	This internship program is divided into 2 modules within 2 distinct phases of our Program. The initial **'Knowledge'** module allows interns to gain exposure to 3 different streams of High Performance in a learning environment - Rehabilitation, Sport Science & Athletic Development This is followed by the '**Application**' module where coaches are challenged to apply their skills as part of a dynamic Sports Science department. All modules are designed to be in line with the Devils Nab League High Performance Department minimum standards, and are customisable to best fit within each hubs specific environment. Interns will also get the opportunity to work between both male and female Nab League Devils Teams. Interns will also be provided with Tasmania Devils Intern Gear.
Essential Criteria:	Applying Candidates must; Be currently undertaking an under-graduate bachelor's degree in sports/exercise science (or equivalent). Hold (or willing to proactively seek out) a Level 1 Sports Trainer Certificate Have an intrinsic motivation to develop in the area of Sport Science and Athletic Performance





Overall Aim:	The overall aim is that interns, upon completion of this program, are well-placed to step into a high-performance role within their chosen stream - either in the 2nd year at their respective Devils Hub or in another high performance sporting environment. While also gaining eligible practical placement hours for ESSA if through the UTAS exercise science program, and ASCA if working through Level 1/2 accreditation.
Key Dates:	Candidate Skype Interviews: Between the 9th and 20th of Dec. 2019 Internships Start Date: 14th of Jan, 2020 - 30th of September, 2020
More Information:	Contact: Ross Brosnan: m: **0498661980** e: **ross.brosnan@afl.com.au**

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"Afl Tasmania provided a great opportunity for the continuation of knowledge acquired from university, in a practical context.

The leadership and support provided within the high-performance team allowed me the opportunity to feel like I could contribute to the program at both a coaching level and a programming level.

I would recommend the internship program to anyone that wants to apply their knowledge in a high-performance environment"

Ben Killalea – Northern Athletic Performance Manager 2017-2018

"My time working with AFL Tas in a high performance/strength and conditioning role was a valuable experience I know has benefited my future.

The combination of learning from quality coaches whilst also having individual coaching responsibilities was a powerful learning experience. The variety of sessions including field, gym, pool, recovery and the potential of team trips away provides skills learnt that are transferable to other sports and/or roles within sport and exercise science.

Since spending a year in the program, I have been able to gain admittance to a funded Master of Health and Exercise Science in an American University. Having the High-Performance role with AFL Tas on my resume was a crucial part of being selected for this master's program. I encourage all Exercise Science students to apply for any opportunities within AFL Tas"

Matthew Howell – Southern Athletic Performance Manager 2018

"My involvement with AFL Tasmania enabled the enhancement of my personal and professional attributes. Through engagement during weekday training, weekend matches both inter/outer state, I've strengthened my verbal and non-verbal communication skills, time management skills, self-confidence, empathy, coordination and multi-tasking skills. The highly knowledge staff created a supportive environment catered towards exercise science skill enhancement, where foundation knowledge obtained from university was solidified and further developed"

".... These responsibilities shaped my career direction through exposure to elite athletes, shadowing of highly skilled physiotherapist and high-performance coaches. In addition, it further ignited a passion for helping others and assisting in the development of the career of future professional athletes..."

".... My involvement has allowed me to work with various AFL teams on multiple occasions (Brisbane Lions, West Coast Eagles & Hawthorn FC), obtained employment with a national women's rugby sevens team, and furthermore, it provided me with skills and attributes which complimented my involvement with the Tasmanian institute of sport and the Australian Men's and Women's cycling team in France, Belgium and the Netherlands. The knowledge gained from my time at AFL Tasmania certainly contributed to my GPA which in turn has led to my acceptance into the Masters of Physiotherapy Degree at The University of Queensland"

Corey Somerville – Northern Sports Science and Rehab Manager 2017-2018